

numicon  
a clear image for maths



## Workshop For Parents

In association with The Family Centre, Castlebar

Mayo Education Centre in association with The Family Centre, Castlebar, are delighted to provide training specifically for Parents of children with special educational needs.

Numicon® Maths system is a multi-sensory approach to number teaching. This workshop will be targeted at children operating at the following curriculum levels: Junior/Senior Infants, 1st, 2nd. Some early multiplication is also included. Numicon imagery uses patterns to represent each numeral, the patterns are structured so number relationships can be seen in a way not provided by written numerals. Teachers find that pupils are motivated by Numicon and quickly develop positive attitudes to maths, resulting in raised achievement.

**This workshop will provide parents with practical experience so that they are confident to support others using Numicon and confident to use it themselves.**

**Date:** Wednesday 28<sup>th</sup> February 2018  
**Venue:** Mayo Education Centre  
**Time:** 7.30pm – 9.30pm  
**Facilitator:** Rose Anne Basquel



**Workshop Free & Refreshments will be served**

To book for this workshop, please contact  
Mayo Education Centre at 094 9020700



# Courses For Parents of Primary Schools in association with The National Parents Council

## Supporting your child to build healthy friendships & relationships

The overall aim of this course is to help parents or guardians in their role in parenting their children to have healthy friendships and relationships at home and in their personal lives. It will inform parents or guardians on what is taught in relationships and sexuality education (RSE) and the approach that is used by the teacher. It will enable parents to have a clear understanding of the content of the RSE part of the Social Personal Health Education (SPHE) curriculum. The session runs for two and half hours and is open to all parents and guardians of Primary school children. It is funded by the HSE Crisis Pregnancy Programme.

Date: Tuesday 6th February 2018  
Time: 7.30pm start  
Venue: Mayo Education Centre  
Facilitator: Helen Mortimer (National Parents Council)

**Helen Mortimer** is the former National Anti-Bullying Coordinator with the ISPCC. She has an MA in Family Support, a BA in English & Psychology, a BA in Education & Training.

She has thirty years experience working in the violence against women sector, with particular interest in supporting children who experience domestic abuse.

## Transition from Primary to Post Primary

Every year more than 50,000 children in Ireland move from primary to post primary education. This course is aimed at parents whose child is in 5th or 6th class or has just moved from primary to post primary school. This two and a half hour session explores

- Choosing a school for your child
- Preparing your child for post primary school
- Subject choice
- School Policies
- Home school communication
- People you might meet in post primary school
- Parent/Teacher meetings

Date: Monday 12th March 2018  
Time: 7.30pm start  
Venue: Mayo Education Centre

Both courses are **free of charge** and are organised by Mayo Education Centre in association with the National Parents Council and the Family Centre, Castlebar

### **To Book:**

Log onto Mayo Education Centre website at  
[www.MayoEducationCentre.ie](http://www.MayoEducationCentre.ie)  
or contact the Family Centre on 094 9025900